

Heart, Abilities & Personality

Ephesians 2:10 For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

INTRODUCTION: Start by asking someone to open in prayer and then ask your group to reflect on last week's study (Spiritual Gifts) and on David's message from Sunday;

- Ask someone to give a summary...
- What stood out to you?
- Did anything challenge you?
- Did you decide to do anything?

READ [Matthew 25:14-30](#) and share any revelations or insights.

HEART

What do you love to do?

What passions do you have? What are you passionate about?

What gets you excited?

When you look at the world or the community around you what makes you angry or breaks your heart? (Holy discontentment)

Is there something in God's Heart that your heart really resonates or aligns with?

ABILITIES

What are you good at? Go for broke in that. Explore how you can use it for ministry in the church and in the marketplace.

Ask others who know you well what they think you are good at.

Tell others what they are good at...affirm them, encourage them. Do it now!

PERSONALITY

Share with the group whether you think you are an introvert or an extrovert and why you believe you are that way.

NEXT STEPS: DISCOVERING YOUR HEART, ABILITIES & PERSONALITY?

1. Reflect on the questions above

2. Do a Personality test

Personality tests Myers/ Briggs

<https://www.16personalities.com/free-personality-test>

Florence Littauer (sanguine, choleric, melancholic, phlegmatic)

<http://www.rockthechurch.com/uploads/Personality-types.pdf>

(Bring your findings to small group next week to discuss.)

3. Start serving, give it a go. You will soon discover if it is or isn't for you

-Serve with joy and expectation, develop and hone your gift/s

4. Look for them in yourself and ask others to look for them in you

-People who know you well.

-Ask them, 'what do I do well?'

5. Ask the Holy Spirit to speak to you about these things

-Sit in His presence with a blank piece of paper and simply write HEART, ABILITIES and PERSONALITY on the sheet. Pray and then allow the Spirit of God to speak to your spirit and write things down as you sense Him speak to you. Write down everything that comes to mind even the things that don't apply. This will help you get them out of your head and you can deal with them later

WHERE TO FROM HERE?

-What is one next step that you are going to take?

-Start serving the church/community if you haven't taken that step yet.

-See the SHAPED summary sheet below and fill it in over these next few weeks as you are reminded of things that God has already revealed or as you discover new things and keep the conversation going.

SPEND SOME TIME PRAYING FOR EACH OTHER?

-Take the opportunity now to speak into each other's lives and pray