

Hearts, Heads & Hands

READ

Read Philippians 1 together

DISCUSS

What stands out in this passage?

Discuss how different things stand out for different people in the group.

Matt used the analogy of a wet tin roof for his experience of life and faith.

What image or analogy would you use, and why?

Read Mark 12: 28-31

In your own words explain why Heart, Soul, Mind and Strength are important for loving God?

In what ways do these areas help each other?

How does each area help you to be available to "filled with the fruit of righteousness that comes the Christ Jesus"? (Philippians 1: 11)

What responsibility do you have to keep your Heart, Head and Hands available to Jesus?

What barriers do you face?

How can we encourage each other and build each other up in these areas?

Reflect individually on these questions:

How open is my Heart?

How is my Head, do I know God's promises and His word?

How active are my Hands in service to the Lord?

PRAY

Read Philippians 1: 9-11 again. Pray out of this for each other.

Pray for growth and pruning in the areas each feels they are prompted.

Pray for increasing understanding and sharing in the heart that Jesus has for the world.